



## LONDON MEETINGS

### *AIMS AND OBJECTIVES*

- ❖ **To offer people affected by fibroids, either as patients or carers, the chance to meet with others with similar experiences for personal, non-medical information and emotional support.**
- ❖ **To promote the British Fibroid Trust patient support group to anyone affected by fibroids, irrespective of where they live or which hospital they attend.**
- ❖ **To promote a safe and discreet environment for everyone who attends so they will feel comfortable in discussing any issues that concern them.**
- ❖ **To hold meetings every 3 months, both informal group sessions and occasionally more structured sessions with invited expert speakers.**



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### **GROUP ETIQUETTE**

- ❖ Please bear in mind that the hospital specialists who attend the meetings are doing so in their own time and might need to get away promptly at the end of the meeting.
- ❖ Although a gynaecologist and/or clinical nurse may be in attendance during the meeting, please understand they are unable to discuss anyone's personal treatment plans.
- ❖ Please limit use of mobile phones during meetings. If possible turn them off or at least switch them to silent.
- ❖ If, during a meeting, anyone feels the need to walk out of the room, please allow them to do this with dignity and acceptance. We are aware that there are times when emotions can get the better of us and it is perfectly acceptable to leave the room.
- ❖ Please respect all participants' confidentiality at all times. Obviously some may wish to share elements of the meetings with your own family members, but please bear in mind the confidentiality issue and use no personal details outside the meetings.
- ❖ Please respect people's points of view. There is no room in the Fibroid Patient Support Group for discrimination OF ANY KIND.
- ❖ Sometimes in emotional situations, it is difficult to talk without hesitation. Allow a person time to collect their thoughts and talk, without interruption.



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### *“HOUSEKEEPING” RULES*

- ❖ If a fire bell sounds, please follow directions of the Guy’s Hospital staff, in particular the clinical nurse specialist or the gynaecologist in the group.
- ❖ Please keep the meeting area tidy and dispose of rubbish accordingly.
- ❖ Please bear in mind the room has been allocated for use during a set time. We will need to leave the room on time, especially if there is another meeting scheduled after us. If you would like to continue a discussion, you can use the canteen or rest areas of the hospital.
- ❖ We are privileged to have use of a meeting area free of charge from Guy’s Hospital. The meetings are NOT to be used to promote Guy’s & St. Thomas’ Hospitals or any other hospital in the UK whether NHS or private or any individual private enterprise/business/activities.

Organised by



IN ASSOCIATION WITH

Guy’s and St Thomas’   
NHS Foundation Trust

**THE MEETINGS ARE OPEN TO ANYONE AFFECTED BY FIBROIDS,  
IRRESPECTIVE OF WHICH HOSPITAL THEY ATTEND.**



**PLACE: Guy’s Hospital, Great Maze Pond, SE1 9RT**

**VENUE: McNair Centre 6:30 PM - 8:00 PM.**

For further information, please contact the program organiser by  
email: [dr\\_nicki\\_on@britishfibroidtrust.org.uk](mailto:dr_nicki_on@britishfibroidtrust.org.uk)